HULA HOOP

Supplies
- 10’ X ¾” poly tubing cut to desired hoop circumference.
  For custom sizing: Circumference of tubing need = 3.14 x diameter of desire hoope size.
- (1) ¾” connector
- Colorful plastic tape

Directions
1. Using hacksaw or PVC cutter, cut tubing to desired length.
2. Heat one end of tubing for 10 seconds using a heat gun or blow dryer.
3. Quickly insert half of the connector into one end of tubing.
4. Repeat steps 2 & 3 above with other end of tubing.
5. Decorate hoop with colorful tape.

Optional: Use a funnel to add noisemakers (beans, rice, etc.) to the tube before closing the loop. Only a small amount is needed; it is not necessary to fill the tube completely.