

# GLÖGG (NON-ALCOHOLIC)



## Ingredients

- 1 liter blueberry, boysenberry or cranberry juice
- 2 -3 cinnamon sticks (broken into pieces)
- 5 crushed cardamom seeds
- 1 T citrus peels
- 4 -5 crushed cloves
- 1/8 t ground nutmeg
- 2 -3 pieces fresh ginger
- 1 star anise seed
- 1 t allspice
- 2 T applesauce
- 1/3 cup raisins
- 1/2 cup sugar

## Directions

1. In large kettle, combine all ingredients.
2. Heat slowly and simmer for 30 minutes.
3. Stir occasionally.
4. Strain liquid before serving.



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